

# Lakers Volleyball - Club Policies

## Membership Dues:

All players are required to pay membership dues to the Lakers Volleyball Organization every season. The amount will be determined by the coach or coaches based on cost to be incurred by the team or teams during the season. All cheques should be made out to the responsible coach or to Lakers Volleyball; this will be determined at registration.

A receipt, for income tax purposes will be E-Mailed in PDF format, once all payments have been processed.

Note: Your child will not be allowed to participate in any competition until at such time all fees have been paid. Fees must be paid within 2 weeks of your child making a team.

Any player seeking to withdraw from the club will NOT receive their full registration back. Players that withdraw during the month of January will receive 75% of their registration fee back. Players who withdraw in February will receive 50% of their registration back. There will be **NO** refunds for a player withdrawing from the club after the end of February.

## Uniform Deposit:

Players are required to provide a post-dated cheque for May 1<sup>st</sup> of that season in the amount of **\$50.00**, when paying their registration. Only when a player returns the club's jersey, will the player's deposit be returned.

Note: No player shall receive a jersey or be allowed to compete in any competition, until the uniform deposit has been received.

## NSF Cheque:

A \$15 administrative fee will be charged on any NSF cheque and all future payments will be **CASH** only.

## Player Conduct:

- Practice and play hard and to the limit of your ability regardless of discouragement. The true athlete does not give up, nor quarrel, cheat, bet or play to the grandstand.
- Maintain a high degree of physical fitness by observing team and training rules conscientiously.
- Abstain from the use of performance enhancing drugs along with illegal substances.
- Play for the love of the game.
- No athlete shall give negative comments about other team athletes, opponent athletes, officials, coaches or opponent's coaches.

- All athletes shall attempt new techniques, direction from the coaches, be open for change and new ideas to improve their skills, team work and communication skills.

### **Playing Policy (“Court Time”):**

The Lakers Volleyball Club does not guarantee equal playing time on any team or at any event. It is the Lakers Club philosophy that our coaches are the best qualified and equipped to make playing time decisions. Some of the criteria coaches use to decide playing time are as follows:

- Attendance
- Attitude
- Effort
- Performance
- Athlete potential
- Skill Level
- Leadership

**Most of all** players and parents must remember that your coaches are volunteers and should be treated with utmost respect. If you have questions or concerns that you would like to discuss with the coach, you should **not** approach him/her just before, during or after a game or practice, but try and arrange a time that is mutually convenient for both.

### **Insurance/Accident Coverage:**

All Laker Club players are covered under the Sport Nova Scotia insurance blanket. This coverage is paid for out of the athlete membership dues. For more information on coverage please see the Volleyball Nova Scotia web site at: <http://www.volleyballnovascotia.ca/member.html>

#### **Note:**

The Lakers Volleyball Club, its coaches and other club volunteers shall be at no time accountable for any injuries a child may incur while practicing or playing the game of volleyball. Each club member participates at their own risk to possible injury. (See *Waiver of Liability, Assumption of Risk and Indemnity Agreement*)

## **Waiver of Liability, Assumption of Risk and Indemnity Agreement For Lakers Volleyball Club**

**Waiver:** In consideration of being permitted to participate in the **Lakers Volleyball Club**, I, for myself, my heirs, personal representatives or assigns, do hereby release, waive, discharge, and covenant not to sue the **Lakers Volleyball Club**, its officers, coaches, volunteers, team members and participants from liability from all claims resulting in personal injury, accidents, or illnesses (including death), and property loss arising from, but not limited to, my participation in the **Lakers Volleyball Club** except as caused by their intentional, wilful or wanton conduct.

**Assumption of Risk:** I acknowledge that my participation in the **Lakers Volleyball Club** is voluntary and carries with it certain inherent risks that cannot be eliminated regardless of the care taken to avoid injuries. The specific risks vary from one activity to another, but the risks range from: 1) minor injuries such as scratches, bruises, and sprains to 2) major injuries such as eye injury or loss of sight, joint or back injuries, broken bones; heart attacks and concussions to 3) catastrophic injuries including paralysis and death.

**Statement of Health:** I acknowledge, agree, and represent that I and/or my minor understand the nature of the **Lakers Volleyball Club** and that I and/or my minor child are qualified, in good health, and in proper physical condition to participate in such activity. I further agree that if at any time I believe conditions or equipment to be unsafe, I and/or my minor child will immediately discontinue further participation in the activity.

I have read the previous paragraphs and I know, understand and appreciate these and other risks that are inherent in the **Lakers Volleyball Club**. I hereby assert that my participation is voluntary and that I knowingly assume all such risks.

**Indemnification and Hold Harmless:** I also agree to INDEMNIFY AND HOLD THE **Lakers Volleyball Club** HARMLESS from any and all claims, actions, suits, procedures, costs, expenses, damages and liabilities, including attorney's fees brought as a result of my involvement in the **Lakers Volleyball Club** and to reimburse the **Lakers Volleyball Club** for any such expenses incurred.

**Acknowledgement of Understanding:** I have read this waiver of liability, assumption of risk and indemnity agreement, fully understand its terms, have been given an opportunity to consult with counsel, and understand that I am giving up substantial rights, including my right to sue. I acknowledge that I am signing the agreement freely and voluntarily, and intend by my signature to be a release of liability to the greatest extent permitted by law.

By signing this document you acknowledge that you have read and understood the club policies, playing time coaching philosophy and liability issues.

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Dated

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Parent Name (please print)

Parent Signature

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Athlete Name (please print)

Athlete Signature

Last Updated: November 23, 2008

Lakes Volleyball Club