



LAKERNATION

METRO LAKERS VOLLEYBALL CLUB
ESTABLISHED 1975

Metro Lakers 16U Invitational Tournament Carrefour du Grand Havre Community Centre 201 Ave du Portage, Dartmouth, Nova Scotia

Team	Pool A	Team	Pool B
1	Sonics	6	Hurricanes
2	Waves	7	Lakers
3	Wizards	8	Blizzards
4	Cheticamp	9	Stoirm
5	Attackers	10	Eclipse

Friday, February 20th

Match	Time	Court 1	Court 2	Match
1	5:00 PM	Sonics vs Waves	Hurricanes vs Lakers	2
3	6:00 PM	Wizards vs Cheticamp	Blizzards vs Stoirm	4
5	7:00 PM	Attackers vs Sonics	Eclipse vs Hurricanes	6
7	8:00 PM	Waves vs Wizards	Lakers vs Blizzards	8
9	9:00 PM	Attackers vs Cheticamp	Stoirm vs Eclipse	10

Saturday, February 21st

Match	Time	Court 1	Court 2	Match
11	8:00 AM	Sonics vs Wizards	Hurricanes vs Blizzards	12
13	9:00 AM	Cheticamp vs Waves	Stoirm vs Lakers	14
15	10:00 AM	Wizards vs Attackers	Blizzards vs Eclipse	16
17	11:00 AM	Sonics vs Cheticamp	Hurricanes vs Stoirm	18
19	12:00 PM	Waves vs Attackers	Lakers vs Eclipse	20
Playoffs				
21	1:00 PM	A1 vs B4	B1 vs A4	22
23	2:15 PM	A2 vs B3	B2 vs A3	24
25	3:30 PM	W21 vs W24	W22 vs W23	26
27	5:00 PM	(Gold) W25 vs W26	L25 vs L26	28

Best Of Luck To Everyone!!!

Tournament Details

Scoring: All round robin matches are 2 straight sets: 3 points for 2 wins; for a split decision each team gets 1 point, the third point goes to the team that wins point spread. Cap is 27 points per set. Otherwise, Volleyball Canada tie-breaking system applies

All matches during the playoffs are best 2 of 3. Cap is 27 points for sets 1 and 2 and 17 points for set three, except for games 27 and 28 where a team must win by two points.

Warm Ups: Are at the discretion of the Officials who will ensure the tournament remains on schedule. Nonetheless, each team will be allowed a minimum of 3 minutes at the net with a shared 1 minute for serves.

Minor Officials: Teams are not required to provide minor officials. The Lakers 15U Girls will perform these duties.

Entry Fee: \$175. Please make your cheque payable to “**Luc Potvin**” (Tournament Coordinator). Upon first arrival please submit your payment to either Luc Potvin (Lakers 16U Coach) or Sylvie Pluta (Lakers 16U Asst. Coach). A receipt will be provided to you at that time.

Awards: Medals will be awarded to the gold and silver medal teams, MVP from each team in games 27 and 28, 6 All-Stars and top Libero. Coaches are asked to submit their nomination forms following the semi-finals.

Footwear: Players, coaches and parents. Please wear outer footwear to the Community Centre and change on-site when possible. Any water on the gym floor can be dangerous to the players.

Seating: Seating and space is limited in the gym. We ask that everyone please respect teams playing on the courts. Players and spectators should wait until the play has stopped before walking behind the courts.

Cafeteria: The cafeteria will be opened during the tournament to give the coaches, players and parents a place to rest and relax between games. A canteen serving a variety of foods, snacks and beverages will be located in the cafeteria on both days.

Lounge: A lounge is available for coaches and officials only. The lounge will be locked overnight if coaches wish to leave their gear in the lounge area overnight.

Contact and Coaches List:

Metro Lakers – Contact/Coach: Luc Potvin
Metro Hurricanes – Contact/Coach: Damion Stapledon
Bedford Blizzards – Contact: Al Scott, Coach: David Davis
Acadia Waves – Contact/Coach: Gordie Arbou
West Hants Wizards Contact Roseanna Boyd, Coach: Sheldon States
Sackville Sonics – Contact/Coach Ken Boutilier
Cheticamp – Contact/Coach: Gerry Cormier
Eclipse – Contact: Claudette Deveau, Coach Ricky Muise
Cape Breton Attackers – Contact/Coach: Sheila Kennedy
Antigonish Stoirm – Contact: Joe Duggan, Coach Bernie Wallace